

Access Anything's
THE TRAVELER

Spring 2010



IN THIS ISSUE

2nd Annual Youth Ski and Ride Camp * 2nd Annual Snowshoe Stampede
Access Anything Photos
♦ STARS Summer Camp Series * Know No Bounds
Bookshare * Stand Up and Play

Volume 6 □ Number 2 □ SPRING 2010

Publication & Design
Andrea J Kennedy

Editor
Craig P Kennedy

Contributors
Access Anything welcomes writers and travelers with disabilities or knowledge in this particular field to submit their articles, comments, and suggestions to ask@accessanything.net.

The Traveler is a publication of Access Anything, LLC. PO Box 880763 Steamboat Springs, Colorado 80488, and is distributed by Aweber, www.aweber.com. All changes to your subscription to this periodical must be done through Aweber.

Back issues of The Traveler are available online at www.accessanything.net.

Our Website is maintained by:
www.jdbtech.com

© 2010 Access Anything, LLC
The articles in this periodical may not be reprinted without permission of Access Anything. This periodical is permitted to be printed in entirety only by rehabilitation centers and independent living centers.

The Access Anything Online Family:

www.accessanything.net
www.ckconsultingonline.com
<http://accessanything.blogspot.com>
<http://accessanythingreviews.blogspot.com>
<http://ckconsultingonline.blogspot.com>
www.youtube.com/accessanything
Twitter: @AccessAnything
Facebook: AccessAnything



A background photograph showing two individuals riding adaptive bicycles on a paved path. The person in the foreground is wearing a blue tank top, blue shorts, and a white cap, riding an orange adaptive bicycle with a rainbow-colored handlebar. The person in the background is wearing a white t-shirt and is also on an adaptive bicycle. The scene is outdoors on a sunny day.

UPDATES

- 4 Editor's Note
- 5 Photo Shop at Access Anything

DESTINATIONS & PORTRAITS

- 6-7 2nd Annual Youth Ski Camp and Snowshoe Stampede
- 8 Steamboat Summer Camp Series
- 9 Know No Bounds
- 10 BookShare.org
- 11 Stand Up and Play

PLANNING

- 12 Traveler's Calendar
Destination Motivation
- 13 The Crip's Tip
Online Destinations
- 14 Recommended Services
and Companies

Editor's Note

What we're working on and how you can help!

Spring always gets us excited for new things - we're sad to see the snow leave us, but thankful that we always have had a good winter filled with camps and fun, no matter how deep our snowfall was!

This winter was indeed a whirlwind of activity, culminating with the 2nd annual STARS Youth Ski Camp co-hosted by Adaptive Adventures and Steamboat Ski and Resort Corporation and the 2nd annual STARS Snowshoe Stampede and 4k Fundraiser. The Youth Camp was a huge success, and you can read more about that on page 6, complete with pictures from the event in March. The Snowshoe events were also a great way to have fun while raising money, and there's more about that event on page 7.

We're proud to be working more with STARS, and we've added some fun new camps to the new Summer Camp Series, so make sure you read more about those on page 8. We're adding new sports to the lineup, and are excited to start offering adaptive fly fishing, mountain biking, handcycling, golf, and hunting to our existing waterskiing, wakeboarding, and rafting camp.

This May takes us back to Las Vegas after a 7-year hiatus, and we're drafting several articles on golf, venues, and more in the area. If you have any tips or secrets about access in Vegas, send them our way asap!

Last, another side project of ours is the hopes for a free city guide for Denver similar to Easy Access Chicago. We've been trying to make some contacts down there so if you have a contact that can help in this effort, or if you have any leads for us, please send them asap, we'd love for Denver visitors with disabilities to have the ease and peace of mind about the city's access that Chicago visitors do!

We've got some great highlights below, so keep reading and have a FABULOUS spring season!!



Access Anything Photos

You Capture the Moment,
We Turn It Into a Lasting Memory,
You Support Adaptive Recreation!

Access Anything is excited to announce www.AccessAnythingPhotos.net, a photo products webstore where you can create photo books, prints, cards, posters and more.

We'll offer regular discounts like any gallery sharing program like Shutterly and Kodak Gallery, but instead of your money going solely to them, with Access Anything Photobooks, 15% of your money is also going to support STARS and adaptive recreation in Steamboat Springs!

Easily upload your own photos **AND** choose from shared Access Anything Event Galleries to make lasting, quality images and keepsakes. You can also share your products on Facebook and other social media sites!

ThinkBigSolutions provides the highest quality products available with 100% satisfaction guaranteed.

Login now to get 20% off your entire first order (excludes shipping).

Enter promo code [ACCESS20P](#). Mother's Day is just around the corner!

The screenshot shows the homepage of the AccessAnything Photos website. At the top, the logo "AccessAnything" is displayed in a stylized font, with "PHOTOBOOKS" written below it. To the right, there is a login section with fields for "Username:" and "Password:", a "Login" button, and links for "View My Basket", "New User?", and "Lost password?". Below the header is a navigation menu with links for "Home", "Image Library", "How It Works", "Products", "FAQ", "Contact Us", "My Gallery", and "My Projects". A central banner features a blue background with white text: "15% of photo sales go towards promoting adaptive recreation in Steamboat Springs and growing its new adaptive program 'STARS.'" To the right of this text is the STARS logo and a photo of a person in a blue shirt. Below the banner is a "YOUR MOM wants a Photobook!" promotion for Mother's Day on May 9th, featuring an image of an open photobook. To the right of this is an "EARLY BIRD SPECIAL" for 40% off Mother's Day photobooks through April 9th, with a "Start Now" button. At the bottom, there is a "Fast Create!" section with a stopwatch icon and text describing the service. Below this are six product categories: "Photo Books", "Calendars", "Posters", "Greeting Cards", "Prints", and "Photo Cards", each with a representative image. Social media icons for Myspace and Facebook are also visible.

2ND ANNUAL YOUTH SKI & RIDE CAMP

Steamboat Springs, CO
March 20-22, 2010

The 2nd Annual STARS of Tomorrow Youth Ski and Ride Camp hosted by STARS, Adaptive Adventures, and Steamboat Ski & Resort Corporation, was huge success this year bringing in 23 children with disabilities from all over the United States.

Thanks in large part to the generosity of Steamboat and its business owners, these kids and their families were able to experience Steamboat and its famous family friendly atmosphere.

Kids from 6 to 16 hit the slopes for three great days of skiing during what appears to have become the largest adaptive youth camp in the country!

Several of the older, experienced youths are a part of Adaptive Adventures' "Team Mau," coached by Mau Thompson, a nationally acclaimed coach that hopes to get some of her athletes into the 2014 winter Paralympics!





A big thanks to all our sponsors for making this camp the best one yet!

Steamboat Ski & Resort Corp., Fowler Properties, Hampton Inn & Suites, Mtn Resorts, Steamboat Resorts, Resort Quest Steamboat, Custom Color, Steamboat Springs Rotary, B & K Distributing, Egg & I, Creekside Café, Azteca Taqueria, Colorado Bagel Company, Cugino's, Mazzola's, Dominos, Qdoba, Sport Stalker, Alpine Taxi, Aroma Pharmica, City Market, Colorado Event Rentals, Deep Steep Tea Co. Mahogany Ridge Brewery, Old Town Hot Springs, Photo Express House, Alpine Bank, Coaches & Volunteers, Deep Steep Tea Co., Honey Stinger, Smartwool, Taulman Family and a special thanks to all our volunteers and crock pot chefs!

2ND ANNUAL SNOWSHOE STAMPEDE

**Steamboat Springs, CO
April 10th, 2010**

The 1st annual STARS Snowshoe round-up (4k) and the 2nd annual Snowshoe Stampede (200yds) took place at the base of Steamboat Ski Area on Saturday, April 10th to raise money for Steamboat Adaptive Recreational Sports (STARS). The event was a success and more than doubled the profits from last year. The first place finisher in the men's division was Scott Brane in a time of 19:28 and the first place finisher in the women's division was Sarah Beaupre in a time of 34:34.

Sponsors for the event included Back Door Sports, Little Moon Essentials, Aroma Pharmica, Straightline Sports, Smartwool, Mary Kay by Katy Zinn, Cuginos, Mazzola's, Big House Burgers, Rex's, Mambo Italiano, and Adventure Passports. This year's big surprise was the second place finish of Chewbacca (yes Chewie). Someone actually raced in a full fur costume in the spring heat?! Of course Chewie won the costume award!

Plan on this event to grow in size and fun each year!



STARS' New Steamboat Summer Camp Series

This summer Access Anything is proud to team up with Steamboat's adaptive recreation program STARS (Steamboat Adaptive Recreational Sports) to grow the summer camp series! For five years we've hosted the Behind the Boat Watersports Camp with Adaptive Adventures, but Steamboat has so much more to offer adventurers!

Our ultimate goal is to include as many sports as possible in our summer programming, and to start, this year we've already got two great new camps lined up, and more on the way!



June 26-27 Adaptive Fly Fishing

Thanks to Steamboat Fly Fisher, STARS is offering a 2-day camp on the river with day one focusing on techniques from the shore of our local Yampa River, and day two includes a float trip in five 2-man boats. Downtown location lodging and some meals will be provided for this camp, which is offered at the low price of \$100 (normally a \$600 trip). For more about Steamboat Fly Fisher, visit <http://www.steamboatflyfisher.com/> and register at <http://www.steamboatstars.com>



July 9-11 Adaptive Cycling

Freedom For Life Foundation founder Darol Kubacz climbed Mt. Kilimanjaro on his one-off handcycle and will be bringing four of these awesome bikes to Steamboat Ski Area for some *summer* on-mountain fun this year! Adaptive Adventures will be bringing close to a dozen of their handcycles as well for this weekend of cycling. Local cycling initiative Routt County Riders will be offering some of their members as guides to this event, and lodging, some meals, and equipment will be provided to campers, although they are welcome to bring their own handcycles as well. The cost for this 2-day fun cycling event is \$150. Register at <http://www.adaptiveadventures.org>



July 20-22 Behind the Boat Watersports Camp

Dates have been set for this 5th annual event! This three day camp offers 2 days on the Bald Eagle Lake thanks to Native Excavating, and one day of rafting on the Colorado River with Colorado River Center's wonderful team. Cost is \$150. Register at <http://www.adaptiveadventures.org>



Look for more camps to follow in kayaking, golfing, riding, rock climbing, and more cycling events as well!

Company Highlight: **Know No Bounds**

Offering Scholarships for Companion Travels

“Enjoy Life. This Ain’t No Rehearsal.” Says Larry Adams, founder of Know No Bounds, a company that provides qualified travel companions for special needs travelers.

In 2000, after more than 18 years as an adaptive ski instructor, Larry Adams met Ethan, a first time bi-skier with a love for travel. But what began as just another ski day would turn into a decade long friendship and journey. Since 2000, Larry and Ethan have traveled all over the world from the Grand Canyon to the Cannes Film Festival and plan to continue their travels together. What makes these two unique is not only their bond as friends and travel companions, but their enthusiasm for travel and their determination to travel to destinations that most people with disabilities might never consider. And this is what makes Know No Bounds so unique.

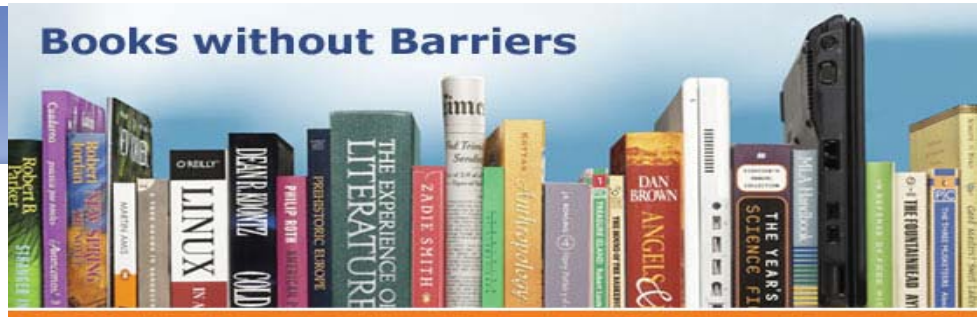
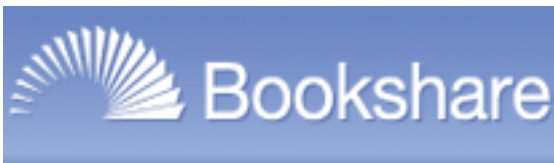
For Adams, the progression to adaptive travel companion was as natural as skiing. After skiing with so many different clients and seeing their needs, he feels that his career has led him here. And the fact that Know No Bounds is willing to take people with, often times, severe disabilities to destinations around the US and the world has set them apart from anyone else in the industry.

Now, after just a year in business, the next step for Larry and Know No Bounds is to give back to the disability community that has helped his business grow and prosper. So at the end of the summer (August 2010), he will be looking to offer travel scholarships to two individuals with disabilities to take them on a trip of a lifetime. These deserving individuals will be chosen based on their inability to travel and financial need and will get to experience a fully planned trip where Know No Bounds takes care of transportation, accommodations, itinerary, and every other aspect of the journey right down to personal care where required.

While the ultimate goal originally was to be successful enough to donate most of its trips to the Make-A-Wish foundation and the Hole In The Wall gang camp, where Adams will be working this summer as program director for the Hero’s Journey program, his immediate success has led him to realize that he has found a separate niche in serving people with disabilities who want to travel but do not have the means to do so.

Visit <http://www.knownobounds.org> for more about this great company!





Bookshare needs your help! People who remember basic high school physics, chemistry, or biology, please contact Scott Rains at srains@oco.net.

What is Bookshare?

Bookshare is a global online library for blind, vision impaired, learning disabled, and physically disabled readers to download into a variety of formats (Braille, synthetic speech, speech to text, large print). It received a \$32 million award from the Department of Education, Office of Special Education Programs, last fall to provide free accessible library services for five years to every American student with a print disability. We currently have 70,000 books and over 80,000 members. <http://bookshare.org/>

Bookshare received an award from the Department of Education in 2008, which has enabled the agency to provide a free service for all print-disabled students in the United States. Non-students pay a nominal \$50 annual fee for unlimited access to a library of 70,000 books!

Why is this legal?

In 1996, Congress passed an amendment to the copyright law, the Chafee Amendment, creating a narrow exemption to copyright law for certain nonprofit groups that create accessible books for qualified disabled users. Bookshare, which is an initiative of Benetech, one of Silicon Valley's leading nonprofits, was created to provide accessible books to this seriously underserved population of blind, vision-impaired, severely dyslexic, and physically disabled individuals. Bookshare has relied on the hard work of volunteers (many of them themselves print disabled) who select and scan books that they wanted to be able to read in an accessible format (Braille, synthetic speech and large print).

Bookshare members all must be certified as disabled by a qualified professional as meeting the requirements of the Chafee Amendment to download the books that Bookshare offers. Additionally, there are controls in place to restrict access to people with bona fide disabilities. Bookshare takes its obligations under the copyright law extremely seriously to serve disabled people while preventing access to the books by people without disabilities. We worked very closely with the Association of American Publishers before the service was launched to ensure that publishers supported our endeavor and had confidence in our ability to protect the works of the authors whose books were submitted to us. We also take relations with authors very seriously. We have an agreement with the Science Fiction and Fantasy Writers of America, where SFWA encourages their members to voluntarily provide high quality versions of their books to Bookshare.org and Bookshare.org commits itself to helping fight e-piracy and respecting the rights of authors to ensure disabled readers have access to faithful versions of the works.

Many authors and publishers have provided permissions to Bookshare to serve people with disabilities in other countries, as well as providing high quality digital versions of the works directly to Bookshare. We have agreements in place with 45 publishers, including most of the large trade publishing houses, such as Simon & Schuster, Random House, Hachette, Perseus, Scholastic, and HarperCollins, who have all been committed to our mission.

Bookshare is an initiative of Benetech, a Silicon Valley high-tech nonprofit that provides technology solutions to social causes that otherwise could not afford them. Benetech has global initiatives around human rights, the environment, and literacy. The director of the human rights program, Dr. Patrick Ball, was the lead-off expert witness in the Slobodan Milosevic trial in The Hague based on the work Benetech did in Kosovo and our initiative in Guatemala to organize 80 million documents in a recently discovered police archive was featured recently on PBS's Frontline.

Benetech has global initiatives around human rights, the environment, and literacy. The director of our human rights program, Dr. Patrick Ball, was the lead-off expert witness in the Slobodan Milosevic trial in The Hague based on the work Benetech did in Kosovo and our initiative in Guatemala to organize 80 million documents in a recently discovered police archive was featured recently on PBS's Frontline. Benetech was founded by Jim Fruchterman, a 2006 MacArthur Fellow, who is a widely regarded social entrepreneur.

Access Anything's guidebooks are now a part of Bookshare.org!

Sports Highlight:

Stand Up and Play



Born in South Africa in 1963, Anthony Netto was just another normal guy with a normal life until a car crash that was not his fault took the use of his legs. He has been in a wheelchair since 1994, and was diagnosed with Multiple Sclerosis in 2000, but today, thanks in large part to an adaptive golf cart that Anthony and his friends at Otto Bock developed, he is considered the best wheelchair golfer in the world.

When Anthony started to play golf again a few years after his accident the first thing he noticed was how difficult it was to play “normally.” He started playing with one arm because he couldn’t get a full, two handed swing in, and felt like he might hurt himself with all the twisting and turning of hitting a golf ball from a seated position (see cover of this issue). The more he thought about it, the more he knew there had to be a better way. And soon he realized that if it was going to happen that he was going to have to come up with the alternative.

Now, after years of research and development and testing his product all over the world, the Paragolfer, also known as the Paramobile, is finally a reality and is changing the way people with disabilities play golf. Instead of the traditional golf cart mold, Anthony created a machine that looks more like a power wheelchair than a golf cart. In fact, the Paragolfer is an FDA approved and classified *wheelchair* where the player is seated at the front, which allows him or her to stand up straight and hit a golf ball with two hands just like everybody else. But that is just where the fun begins. While the Paragolfer was originally created for adaptive golfers, it can be used for other sports as well such as archery, and fishing, and can be used in everyday situations for things like dancing or hugging a loved one. The ultimate goal: to get more people in wheelchairs standing up to play sports.



“The current adaptive golf carts on the market are made for people who can stand up,” according to Netto. “None of them are made for paraplegics or quadriplegics.”

Not only is Anthony the best wheelchair golfer in the world, he also the ex-trainer of the German Disabled Golf Team and is heavily involved in the development of adaptive golf in the United States. He recently brought a new program and foundation to the US called Stand Up And Play and is currently traveling around the US to encourage people with disabilities to “stand up and golf” and to certify people to be adaptive golf instructors. No one is more passionate about adaptive golf, and Anthony’s love of the game is truly contagious.

“Golf is great therapy for people with disabilities,” states Netto. “We are not only improving people’s golf skills, we are improving their social skills and building their self-confidence at the same time.”



For more information about the Stand Up And Play program coming to your area visit www.standup-and-play.com.

Our Calendar

Add your adaptive events here by emailing us at ask@accessanything.net, all locations are welcome!

May

7: Craig Hospital Adaptive Equipment Expo, 10am-3:30 in the 1 West Gym.

8: Steamboat Bike Fest with adaptive cycling at Howelsen Hill

14: Craig Hospital/Invacare Tour De Force Handcycling Clinic, vcelkaj@gmail.com

June

7-11: Colorado Jr Wheelchair Sports Camp, Aurora, CO, www.adaptiveadventures.org

13-19: Ride the Rockies; Grand Junction to Salida

26-27: STARS 1st Annual Fly Fishing Camp; www.steamboatstars.com


July

9-11: STARS 1st Annual Downhill Mountain Biking Camp; www.steamboatstars.com

20-22: 5th Annual Behind the 'Boat Water Camp

27-28: World Off-Road Handcycling Championships in Crested Butte; www.adaptivesports.org

Destinaton Inspiration



The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart.

-- Helen Keller

The Crip's Tip



Well like it or not, spring is here and if you live in a cold climate it's time to start thinking about warm weather sports, sports other than skiing. Summer brings so many opportunities to get out and play in the outdoors that if you are smart, you are starting to get your summer gear ready now so that first bike ride doesn't sneak up on you and you are not ready. I know it doesn't snow everywhere in the US, so some of you may already have your summer gear in tune, but it's still dumping in Steamboat Springs so it's hard to think about anything else. April is the time to tune up your hand cycle or mountain bike (a new chain and a quick tune up is probably in order), dust off the running shoe (s), and tune up your wheelchair (always a good idea to change your wheel bearings in the spring). And if you take care of these things now, you can actually go for a ride or a run or a roll as soon as the weather turns nice. Whatever you do, don't wait!

Online Destinations

Disability Support: www.Triumph-Foundation.org

Aging Safely: www.SafeAgingInPlace.com

Adaptive Kayaks: www.FreedomKayaks.com

Accessible Trails in Taiwan: www.americantrails.org/resources/accessible/Taiwan-accessible-parks-trails.html

RECOMMENDED SERVICES AND COMPANIES

ADVERTISE WITH US

Access Anything has begun offering advertising on its website and in the Traveler. Space is limited so sign up now!



Lift & Care® Services
Self-Care Systems™
Recreational Lifts
Bathing Systems

As versatile as a pair of hands

www.surehands.com

Click hands to enter site

If you're looking for non-traditional accommodations, explore the world of **TIMESHARES**.

Simply type in the keyword "disabled" and you can choose from over 70 completely accessible high-end resorts!



DIRECT FIRST AID

The Easy Way to Supply Your Commercial First Aid Kits - And Save 50% - 70%!

www.directfirstaidinc.com

CK Consulting
Setting Standards for Accessibility

take our **FREE** Accessibility Test

begin the test

www.ckconsultingonline.com

Linking People & Places
Accessible Travel

Your Canadian Accessible Travel Support Specialists

accessibletrav.com

EUREKA FREEDOM TENT
The Only Tent Designed for Wheelchairs!

More about the TENT

GADA* BELT
*Go Anywhere Do Anything!™

www.gadabelt.com

Iron man

Life Is Good Clothing at AA.net